

Waitsfield Elementary March School Menu  
Student \$3.25 Reduced Child FREE Adult \$3.75

Each day the lunch menu includes yogurt/cottage cheese and milk (skim & 1%)

Monday	Tuesday	Wednesday	Thursday	Friday
		<p style="text-align: center;"><b>4</b>  <u>Pierogies</u>  1-with sour cream  2- or with sauteed onions and peppers</p>	<p style="text-align: center;"><b>5</b>  <u>Sweet and Sour Cuisine</u>  1-with Chicken &amp; Vegetable  2- or with Tofu &amp; Vegetable  Brown Rice</p>	<p style="text-align: center;"><b>6</b>  <u>Pizza</u>  1- with Cheese  2- with Cheese &amp; Pepperoni</p>
<p style="text-align: center;"><b>9</b>  <u>Pasta</u>  1- Whole Wheat Pasta with Spring Veggies  2-or Whole Wheat Pasta with Butter Shredded Parm</p>	<p style="text-align: center;"><b>10</b>  <u>Make your own Burrito*</u>  1 - Chicken  2 - Beef  3- Beans ( Black and Refried)  Add sour cream, salsa and veggies</p>	<p style="text-align: center;"><b>11</b>  <u>Breakfast for Lunch</u>  Scrambled Eggs with Cheese  Sausage  Toast  Fruit Salad</p>	<p style="text-align: center;"><b>12</b>  <u>Fried Rice</u>  1- with pork &amp; veggies  2- or with Veggies  Fortune Cookie</p>	<p style="text-align: center;"><b>13</b>  <u>Stromboli</u>  1- Pepperoni, Ham and Cheese  2-Cheese with Marinara Dipping Sauce  3-Ham/Cheese Sandwich</p>
<p style="text-align: center;"><b>16</b>  <u>Quesadillas</u>  1- with Cheese  2- with Cheese &amp; Veggies  Brown Rice</p>	<p style="text-align: center;"><b>17</b>  <u>Caesar Wraps</u>  1-with Chicken and Parm  2-or with Parm  Brown Rice</p>	<p style="text-align: center;"><b>18</b>  <u>Make Your own Wrap</u>  1- with Chicken Salad  2- or Egg Salad  3-or Tuna Salad  Lettuce  Tomato  Onion</p>	<p style="text-align: center;"><b>19</b>  <u>From The Sea</u>  1- Haddock Fish Sandwich  2-Confetti Pasta Salad  Kale Chips</p>	<p style="text-align: center;"><b>20</b>  <u>No School</u></p>
<p style="text-align: center;"><b>23</b>  <u>Frittata</u>  1- with Spinach and Cheese  2- or with Tomato and Cheese</p>	<p style="text-align: center;"><b>24</b>  <u>Subs</u>  1- with Meatballs &amp; Marinara  2 or with Veggies &amp; Cheese</p>	<p style="text-align: center;"><b>25</b>  <u>Lo Mein</u>  1- with Chicken  2- or with Broccoli  Fortune Cookie</p>	<p style="text-align: center;"><b>26</b>  <u>Pizza</u>  1- with Pepperoni &amp; Cheese  2- or with Cheese</p>	<p style="text-align: center;"><b>27</b>  <u>Soup Bar</u>  1-Potato &amp; Bacon  2- Tomato  3- Chicken Tortilla  Edamame Salad</p>
<p style="text-align: center;"><b>30</b>  <u>Quesadillas</u>  1-with Black Beans, Corn and Cheese  2- with Cheese  Sauteed Broccoli</p>	<p style="text-align: center;"><b>31</b>  1-Lemon Pepper Chicken  2- or Veggie Burger  Mashed Potato</p>			

Grab & Go Breakfast \$1.75 Child \$1.75 Adult Free Reduced child

Cereal Yogurt Juice/Milk	Banana Muffin Yogurt Juice/Milk	Graham Crackers and Peanut Butter Fruit Juice/Milk	Sausage, Egg and Cheese Muffin Yogurt Juice/Milk	Coffee Cake Yogurt Juice/Milk
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When submitting payment for your child's account, please send check or cash in whole dollar amounts - Thank you! Prepayment is expected!  
**News from the biggest classroom in the school:**  
*Local Foods include Kingsbury Farm Carrots, Green Mountain Harvest Lettuce and Basil. Neill Farm Burger.*